Simon Says by Ross Barbour

I got the strangest call the other evening: "I'm Simon Lustigman calling you from Paris, France." It was 5:30 in the evening at my house....2:30 AM his time.

I had answered his letters a time or two, and I knew he was a jazz fan and a Freshmen fan, but here he was asking me to write an article for Fresh News that would tell all you good people to look up Simon the next time you get near Paris.

At age 74, Simon is a young fellow. He is a guitar player who says he has played with "the greatest, and the worst." He's having trouble finding young musicians who value quality music - the kind we have known in our generation.

His open invitation is surprising in these times, but I have found that Freshmen Fans are like that sometimes.

So.....Next time you head to Paris and have time to enjoy open friendship, Simon says contact:

Simon Lustigman
11 Ave. Charles DeGaulle
95160 Mont Morency
FRANCE 95160

Phone: 01-39640628

He is usually awake until 2:30 AM, so don't call him before noon.

"Rosssssoup"

by Ross Barbour

I don't have many recipes, but I have one here you guys may get some good out of. It's for the days when your wife is getting her hair done and you are left alone for lunch.

Open a little can of Campbell's Vegetable Beef soup. From here on is what makes it good.

First, cut up a green onion in 1/4 inch pieces. Then cut up 2 or 3 stalks of celery into 1/4 inch little crescents. Then cut up 2 or 3 cubic inches of red cabbage.

You're going to need a big bowl for all this. Put the can of soup in the bowl, but don't add a whole can of water - just half a can, OK? Put in a tablespoon of butter or oleo or whatever you have in the house. Add salt to taste, and I like coarse ground pepper - lots of it.

You put all this in the bowl and put the bowl in the microwave for a minute before you stir it. Then do a second minute and stir. After the third or fourth minute you should have some fine soup! The celery, red cabbage and onion all stay kind of crisp and crunchy in the soup. It's so goooood!

DEAR JOHN

by Rod Dayton, New York City

I just had to get this money together to get the Mosaic Collection. I wonder who came up with that name? I know I have most of their albums but the extras and singles will be a special treat.

I'm going to miss you and I especially liked the article about how you helped put the Mart together. I can appreciate the time and dedication of your efforts. I've had some enjoyable moments over the recent years listening to the great sounds and recollecting my youthful anticipation when Capitol would issue a new Frosh release.

Been keeping busy this past year driving a tour bus for Academy Tours here. Things were really hectic and grim here following the 9/11 attack. I was right in the middle of it. On that day I spent 10 hours directing traffic for the NY Port Authority Police. Afterwards, when they opened the bridges and tunnels, it seemed I was spending more time behind the wheel and in traffic jams than in my home. We never faltered and there was this wonderful camaraderie among New Yorkers to overcome this depraved terrorist event. All our other problems seemed small by comparison.

Back to the music -

Actually, even today the Frosh are timeless. I have a CD player in my car and occasionally I drive back to the city with one of our younger drivers and I hear "Hey, who's dat?" I say "Oh, it's a group called the Freshmen, you like them?" "Yea man! They sound good." Then I tell a little about them. At my age I'm still a Frosh Groupie.

Last year Chick sent me some Frosh promo material and I sent it along with a well-researched cover letter to Lincoln Center for a possible NY summer series. I sent a copy back to Chick but I never heard of any follow-up bookings. I also sent some Frosh promo to Germany with two musicians who were guests in my apartment last May. They took the material back to present to the Summer Jazz Festival there and so far nothing came back.

I'd love to see the Frosh again in NYC. Maybe some big hitters could make this a full time pursuit. I paved the way. I'm certain right now New York would welcome a concert series that only the Frosh could produce.

Also, one small favor please - I've been a FFS member continuously since 1989 (?) and I've never received my Ten-Year Pin.

And I hope you could insert this request into the FF News - I'd love to acquire early Frank D'Rone records, "Frank D'Rone Sings" and "After the Ball" with the Billy May Orchestra, both on Mercury Records. They have never been issued on CD.

And of course if you ever find yourself in NYC I'd love to show you around.